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BACK TO  
SCHOOL





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## Back to School

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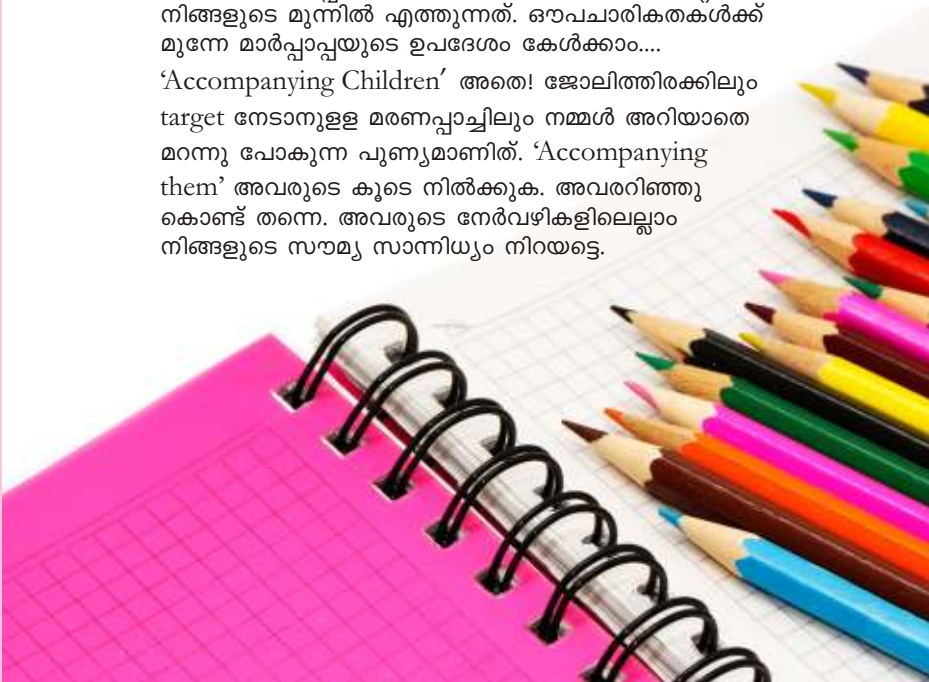
“There are three languages : The language of the head, the language of the heart, and the language of the hands : education must go forward by these three ways; instructing in how to think, helping students to feel well, accompanying students on they do”.

*- (Pope Francis 2015)*

നീണ്ടൊരു അവധിക്കാലത്തിനൊടുവിൽ കുഞ്ഞുങ്ങൾ യാത്രയൊരുങ്ങുന്നു. നാട്ടിലും ഉല്ലാസയാത്രകൾക്കും വിട ചൊല്ലുന്നു. മനസ്സും ശരീരവും തയ്യാറായി. പുതിയൊരു അദ്ധ്യായന വർഷത്തിലേയ്ക്ക്. സ്കൂൾ ബസിന്റെ ഹോൺ മുഴങ്ങുന്നതിനു മുന്നേ ഒരുക്കങ്ങളുടെ തകൃതി. പുതിയ വസ്ത്രങ്ങളും പുതിയ പുസ്തകങ്ങളും, കുറേ കുരുന്നുകൾ വിദ്യാലയ മുറ്റത്ത് ആദ്യമായി എത്തുന്നു. ആദ്യാക്ഷരം കുറിച്ച് അവരുടെ കൈകളിൽ ഈശോ എന്നെഴുതിയ അക്ഷരങ്ങളുടെ മാധുര്യമുണ്ട്.

വിദ്യാഭ്യാസത്തിന്റെ ചാരുതയും കരുതലും വിസ്തൃതിയും സമനയിപ്പിച്ചുകൊണ്ടാണ് ഇത്തവണ ലാന്റേൺ നിങ്ങളുടെ മുന്നിൽ എത്തുന്നത്. ഔപചാരികതകൾക്ക് മുന്നേ മാർപ്പാപ്പയുടെ ഉപദേശം കേൾക്കാം...

‘Accompanying Children’ അതെ! ജോലിത്തിരക്കിലും target നോടാനുള്ള മരണപ്പാച്ചിലും നമ്മൾ അറിയാതെ മറന്നു പോകുന്ന പുണ്യമാണിത്. ‘Accompanying them’ അവരുടെ കൂടെ നിൽക്കുക. അവരിണതു കൊണ്ട് തന്നെ. അവരുടെ നേർവഴികളിലെല്ലാം നിങ്ങളുടെ സൗമ്യ സാന്നിധ്യം നിറയട്ടെ.

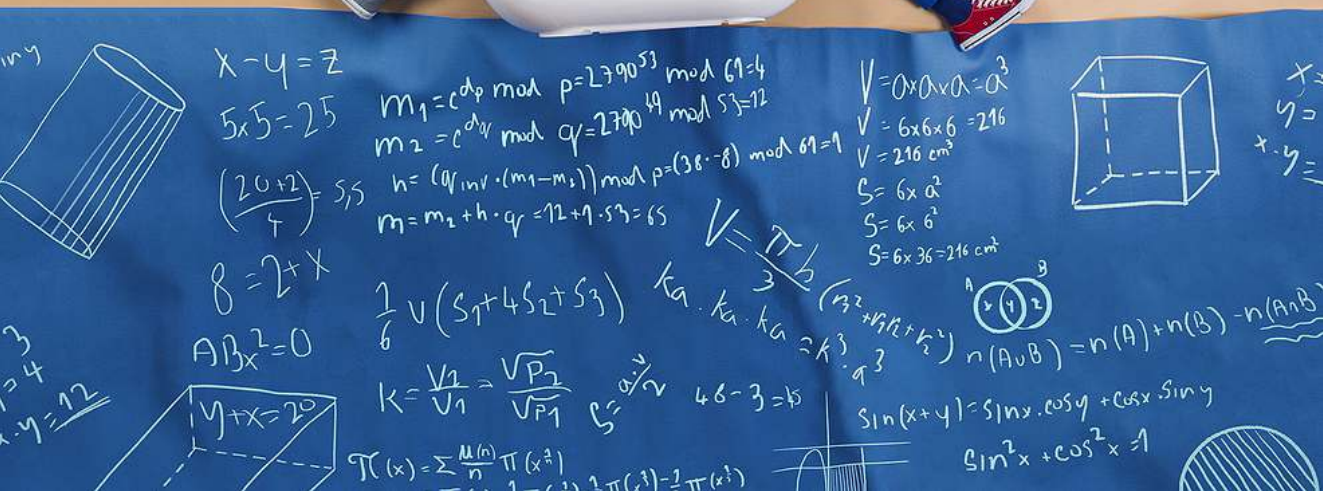


# STUDY TIPS FOR OUR CURIOUS MINDS

Curious mind are the fertile grounds for learning and growing. As Steve Jobs famously declared – “Stay Hungry Stay Foolish”, what Steve emphasised on is that every human being is gifted with a mind full of curiosity. A curiosity that keeps you Hungry to know more, to learn more and never to remain contented and happy with what you already have. Second important part is to remain Foolish. Foolish to remain humble, to have a mind which appreciates the wisdom that is there in the nature, in other more learned people, in many books and manuscripts that have been written and gathered over the ages.

Lets look at it practically in

terms of how we can apply it in our lives. For youngsters who are post 5th std, one has to approach studies in a broader and fun-filled way. Text books and courses are written by education boards with their own limitations of what to teach and what to fit into the academic calendar. Students can learn so much more in fun-filled manner by ‘Reading Beyond Text Books’. For eg, there are numerous books and internet content on Geography, Learning Maths, Science, Language etc. Children find it very interesting to see videos on Volcanoes, on Scientific experiments of Prism, Light, Speed etc on YouTube or other short films. Their minds absorb the concepts far more easily and





clearly.

For students appearing for 10th and 12th exams, the preparation should not be restricted to tuition classes and extra classes at school. Science experiments must be done at home. There are interesting books available to tinker with or try experiments at home itself. So many projects given in schools these days are fantastic ways to broaden the learning quotient of students. The golden rule in these experiments / projects is to let the children do it all by themselves. Parents very often do it for their children to ensure they score well or get good grades. Very often the young minds are being deprived of doing things on their own, making mistakes and learning from them. These experiences in projects go a long way in preparing their minds to get ready for tough board exams.

Even for college students and post-graduation youngsters, it is perhaps most important to learn beyond course curriculum. After all, reading scientific journals, white papers, articles in newspapers, magazines often offer far more superior content than what text books ever offer.

One has to remember, competitive exams don't just put emphasis on high marks in schools and

colleges, they also exam the ability of the mind to think beyond what is given in the text books or taught in the classes. Mind can be nurtured and curated if one gets into a habit of being curious from an early age. In the journey of career, personal life, challenges always come – but the key is to learn from ones own falters and to learn from it.

Finishing off with beautiful thoughts from one of the greatest strugglers & leaders of our century – Mr. Nelson Mandela himself. . .

“I have walked the long road to freedom. I have tried not to falter; I have made missteps along the way. But I have discovered the secret that after climbing a great hill, one only finds that there are many more hills to climb. I have taken a moment to rest, to steal a view of the glorious vista that surrounds me, to look back at the distance I have come. But I can only rest for a moment, for with freedom comes responsibilities and I dare not linger, for my long walk has not ended.”

Steve Jobs perhaps went away giving a beautiful lesson. Stay Hungry Stay Foolish to Grow in life.

**Ajimon Francis**  
..... Mira Road

# WHAT DO WE Really Learn in School?

**Y**et another academic year is beginning. All the students and their parents approach a new academic year with lots of hope and dreams. Most parents know that education is the most reliable foundation on which a youngster builds his prosperity. So there is lot of focus on getting high marks in school.

The beginning of an academic year is also an occasion to remember that the time spend in school should be evaluated not only in terms of a student's academic performance but also in terms of the life lessons acquired while the kid is in school. Several studies have shown that knowledge of these life lessons are better predictors of long-term successes in life than high marks in exams.

**What are the great life lessons we learn during our school days?**



## Thrive in diversity.

A school is a microcosm of the larger world. In school we meet people who are similar to us but we also meet several people who are very different from us. We start understanding them, respecting their points-of-view. We learn to co-operate and collaborate even with those whose views are diametrically opposite to ours. If we can learn to collaborate with those who have points-of-view different from ours, we have taken a big step forward towards dealing with the complex world outside.



## It is ok to ask questions.

Every day in school we are learning something new. Everyday we come across a new fact, a new knowledge. We slowly realise that the ocean of knowledge is too vast for any single person to ever fully grasp. Soon we realise it is ok not to know several things in life. We then slowly understand the importance of asking questions, walking up to those who are more knowledgeable than us to find answers to those questions. If we can maintain our humility to admit that we don't know many things in the world, ask relevant questions throughout our life, the joys of new discoveries will always brighten our life path.



## Knowing what we are good at.

We learn different subjects in school. We also participate in different activities. We soon realise that the student who tops the class in academics does not win the singing competition nor he is the best basket ball player in school. We realise that it is impossible to be the best in everything we do. Very soon you realise that you look forward to the English classes more than your Maths classes. You also realise that you can sing better than the rest of the class. The realisation that we don't like something and at the same time we do like doing certain other things start happening during our school days. This realisation is the beginning of a long journey to identify our real strengths, our passion in life. Those who identify one's passion will never fail in life.

## There are no constant winners in life.

There are several exams and competitions in the school. One needs to constantly prepare for these exams. Despite our best efforts it is very difficult to be a topper or a winner all the time. We learn to loose graciously. We soon learn that what matters most is not that we won every time but we bounced back from failures at all times. As Rudyard Kipling said “ If you can meet with triumph and disaster, and treat two imposters just the same..Yours is the earth and everything that’s in it”.

## Discovering our best friends.

It is during our school days and college days that we meet some of the best people in our life. The friendships that we build during our school days remain strong even after decades. Ask any elderly person and he will tell you that the best friends he has in life dates back to his school and college days. So spend lots of time with your schoolmates. Talk to them. Remember to stand by them in times of difficulty. Slowly but surely you will start building a stronger bond with some of them. That could be the beginning of a great friendship that will last a life time. These friendships will be some of the greatest assets anyone can have in life.

## Ultimate responsibility always rests with each of us.

Our teachers, friends and parents lend lot of support to us as we prepare for the school exams. But as we enter the exam hall and starting writing the exam, we realise a fundamental truth, at a moment we think is most critical, we are all alone. At that point, nobody can help us, except ourselves. This realisation that ultimately each of us are responsible for our successes and our failures is one of the best lessons we can learn during our school days.

School life as Dr. Kenneth R. Ginsburg, an expert in adolescent medicine at Children’s Hospital of Philadelphia said “ We are trying to put in place the ingredients so the child is going to be a successful 35 year old. It’s not really about getting an A in algebra”. If a child has average scores in academics but has an excellent learning of life lessons in his school days, he will surely go on be successful in life.

..... Biju Dominic







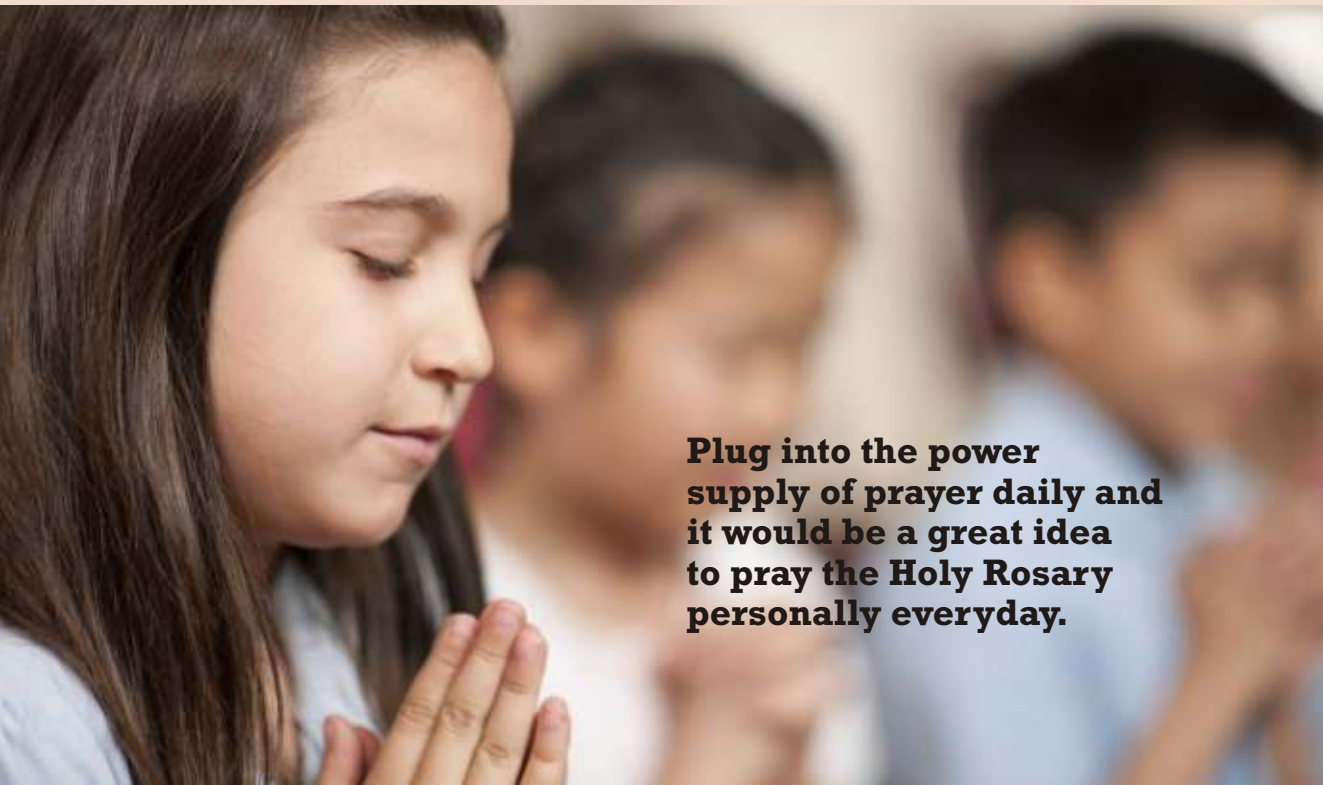
# TANTAN TAN...! OFF TO SCHOOL WITH DADDY COOL!

**A**t the onset of every new academic session, students usually say, “What should we do differently this year so that it turns out to be better than the previous year?” But being a Christian, however, there is another question to ask, “How do I glorify God with my student life?” Have you ever paused and pondered over it? If you haven’t, then you’d better do. Remember that Jesus wants to be a part of your school life adventure. He wants to hold your hand and walk into your classroom and be friends with your classmates. So friends, how will you make this year at school worthwhile? It’s time for you to step in.

Here are some tips to invite Jesus into your new academic session so that you have the best school year of your life:

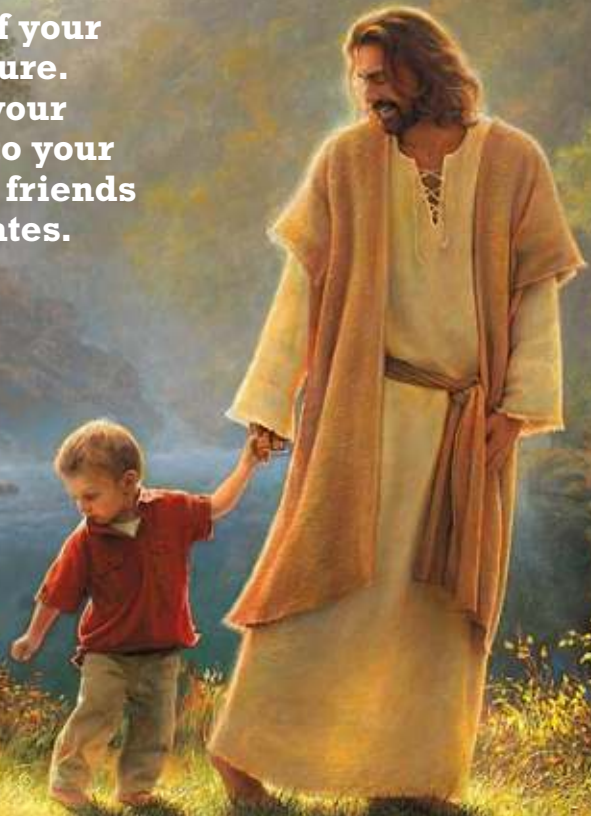
- If you want to accomplish your academic goals, then the highest power to gain all that you want to gain is to ‘surrender’ everything to God. But what to surrender? Well, everything!...your school, classroom, old buddies, new buddies, favourite subjects, boring subjects, friendly teachers, scary teachers, new books, stationeries, timetable, uniform, competitions, exams, stress, results,.....etc

- Have a coffee with Jesus daily. I mean, set aside some quality time with the Lord to share your experiences of the entire day and listen to Him by reading the Holy Bible. Praise Him through each storm, and let Him know how thankful you are for each new experience life brings. (Yes, even the bad, worse and the worst ones. Simply try it. God will surprise you.)
- Plug into the power supply of prayer daily and it would be a great idea to pray the Holy Rosary personally everyday. And when you pray, remember the words of St. Edmund: 'It is better to say One Father fervently and devoutly than a thousand with no devotion and full of distraction.'
- Study well and give it YOUR best. Giving YOUR best does not necessarily mean achieving high score. What????? Yes, I said that, and I still mean it. If giving your best means that you get a 'C' in a subject, then that's your best. For another student, it might be an 'A+.' What matters at the end of the day is whether or not you have made your best effort.
- You are Jesus' hands and feet at school. How will you treat classmates or teachers you don't care for at school? How would Christ treat them? Ask God to help you to appreciate and accept all those who will meet you at school so that those who know you but don't know Jesus will come to know Jesus because they know you.
- It would be great if you can attend Holy Mass on a daily basis because the more you attend mass, the more holier you become, the more holier you are, more powerful would be the impact of your words and actions on your school-mates.
- Honour and obey your teachers with both your action and attitude and do pray for them. Its absolutely fine if they are not Christians and may not care if you prayed for them. That simple little statement in the form of an email, a note or in person can help you to witness the love of Christ in their lives.



**Plug into the power supply of prayer daily and it would be a great idea to pray the Holy Rosary personally everyday.**

**Remember that Jesus  
wanna be a part of your  
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He wants to hold your  
hand and walk into your  
classroom and be friends  
with your classmates.**



- Your peers may be allowed to do things that your parents, the Holy Bible, or your conscience tells you are wrong. Don't be jealous of their freedom because their freedom is "fake."
- Don't let PRIDE creep in. Be quick to celebrate others' success, slow to speak especially about your own success and slow to think more highly of yourself than you ought. Remember that you are a sinner bought with a price, and that in all your best assignments, good papers, outstanding projects, competitions and championships, it is God working through you for His glory.'
- Use your time well to cultivate good habits

and healthy friendships. Set goals for this new academic year and revisit those goals everyday. Be a good steward and do everything for the glory of God.

Ultimately, stay cool throughout the year and know that you have a Daddy Cool in Christ Jesus. Be bold and stand out for your Daddy Cool. People around you don't expect perfection. But when they see your humility, love and dedication, they'll be attracted to you and obviously to your Savior too. So, make a difference and have the best school year ahead.

**Suja Johny**  
Airoli

# POPE FRANCIS' PEDAGOGY FOR THE 'Better education of children'



Pope Francis' path-breaking new document 'Amoris Laetitia' (The Joy of Love) albeit signed on the feast of St. Joseph – March 19th, was released on April 8th. The Post-Synodal Apostolic Exhortation is mainly a document that reflects on family life and encourages families. Being a Jesuit, it's no surprise that Pope Francis has shown keen interest in the education of children. These reflections are from the seventh chapter of the Apostolic Exhortation which is dedicated to the education of children.

## Where are our children?

This question really echoes the first question of God to Adam after his first sin. In our scenarios, let's think, are we not cleverly caught up by the claims of internationals, branded tuition centers, pomp of brain games and other expensive educational systems? And after all these trails, can you sit comfortably and tell them that we have done everything possible for our children? The anxiety of

the Pope, a man with 'smell of the sheep', reiterates that the family should be a place of support, guidance and direction for children. He gives his utmost stress here, "...who is providing their entertainment, who is entering their rooms through television and electronic devices, and with whom they are spending their free time". It's all about finding healthy ways to spend time with our children which makes them stronger to defend all dangers around them.

"Obsession", he declares "however, is not education". Some parents are adamant that they should know each and every detail on what are their children are doing. If we are concerned only with the 'spaces' they are suppose to belong to such as schools, tuition classes, hobby classes, catechism classes (hmm...less priority to the heavy weight tuition classes!) etc., then more serious items are on wait "where do they stand in terms of their

convictions, goals, desires and dreams. . . .Do we seek to understand ‘where’ our children really are in their journey? Where is their soul, do we really know? And above all, do we want to know?” (#261)

### **Ethical formation:**

The parents have a great responsibility towards their children to instill through their affection and example, the trust and the loving respect. The physical or emotional absence of the parents will create greater hurt than any scolding which a child may receive for doing something wrong. The genuine care and accompaniment throughout their journey is very important. And the parents are responsible for shaping the will of their children, fostering good habits and natural inclination towards goodness. “Moral formation should always take place with active methods and a dialogue that teaches through sensitivity and by using language children can understand”. (#264) A good ethical education includes showing a person that it’s in his own interest to do what is right.

### **Value of Correction: ‘do not provoke’:**

The children need to know that misbehavior has consequences. If the children are corrected reasonably with a loving tender care, they feel that they are corrected understanding their specific context. It is important to train children firmly to ask forgiveness and repair the harm done to others. “Some punishments” he says, “can partially serve this purpose”. But the parents should be careful that, they are not outraged. “A child who does something wrong must be corrected, but never treated as an enemy or an object on which to take out one’s own frustrations”. And parents should foster them in a proper discipline where they are not forgetting their rights and responsibilities. This does not require parents to be perfect, but humbly acknowledge their own limitations and make efforts to improve. An attitude constantly prone to punishment would lead to discouragement and resentment: “Parents, do not provoke your children” (#269)

### **Education in Hope:**

Family is the cradle of values, all that we learn from there, persists in our life. The most vital task of all families is to provide an education of hope to their children. The use of electronic games and enjoying it isn’t a bad thing. But believing that the events in life should fall in a digital speed is a deadly thought. At the same time, they should get training for



postponing their desires as well. “Wanting it all now” attitude slaves us to the certain objects that we are craving for. When we teach our children to postpone some things until the right moment, we teach them self mastery and detachment from their impulses. Family is the primary setting for socialization, from there we learn to relate to others, to listen and share, to be patient and to show respect, to help one another and live as one. Technological devices have empowered us to have virtual reality experiences, but it shouldn’t be at the expense of physical touch, hearing others voice, and direct dialogue. (#278)

### **Passing on the faith:**

The modern life styles, work schedules and the frenetic pace for matching up the standards of life make it difficult for an orderly process of handing on the faith. The home must be the place of sharing of faith, “the place where we learn to appreciate the meaning and beauty of the faith, to pray and to serve our neighbor’. Faith is God’s gift, received through Baptism, yet God uses parents to grow and develop the faith in their children. Hence, the Holy Father states “it is beautiful when mothers teach their children to blow a kiss to Jesus or to Our Lady. How much love there is in that! At that moment the child’s heart becomes a place of prayer”. (# 287) It is indeed essential that children actually see that, for their parents, prayer is truly important. Hence moments of family prayer and acts of devotion can be very powerful than any catechism classes or sermon.

Since educational role of families is so important Pope Francis dedicated an entire chapter to discuss this in detail. “Parents”, he says “always influence the moral development of their children, for better or for worse” (#259). This chapter stands out as a great resource for parents, teachers and priests — worth reading again and again.

..... **Fr. Sheen chittattukara**



# അനാഫൊറായുടെ ഉള്ളടക്കം

## The Contents of the Anaphora

### പൊതുവായ ഘടന

വിവിധ ആരാധനാക്രമപാരമ്പര്യങ്ങളിൽ വ്യത്യസ്തങ്ങളായ അനാഫൊറാകൾ ഉപയോഗിച്ചു വരുന്നു. ഓരോ ആരാധനാക്രമത്തിലും ഉപയോഗിക്കുന്ന അനാഫൊറാകളുടെ ഘടനകളിലും പ്രാർത്ഥനകളിലും കുറെയാക്കെ വ്യത്യാസം കാണാം. എങ്കിലും പൊതുവായ ഘടകങ്ങൾ ഉണ്ട്. സമാധാനാശംസ, സ്വർഗ്ഗവാസികളോടൊപ്പം ദൈവത്തെ പാടി സ്തുതിക്കുന്ന ഹൊസാനാഗീതം, കുർബ്ബാനയുടെ സ്ഥാപനവാക്യം, അനുസ്മരണപ്രാർത്ഥന, മദ്ധ്യസ്ഥ പ്രാർത്ഥന, റൂഹാക്ഷണ പ്രാർത്ഥന എന്നിവയാണവ. ഇവയുടെ ക്രമീകരണത്തിൽ വ്യത്യാസമുണ്ടാകും. പാശ്ചാത്യസഭയിൽ അനാഫൊറായെ കൃത്യജ്ഞതാസ്ട്രോത്ര പ്രാർത്ഥന എന്നാണ് വിളിക്കുന്നത്.

### ആദ്യം രൂപമെടുത്ത അനാഫൊറ.

സഭയുടെ ആദ്യ നൂറ്റാണ്ടുകളിലെ പ്രധാനപ്പെട്ട കേന്ദ്രങ്ങളിലാണ് ആരാധനക്രമം നിയന്ത്രണം പ്രാപിച്ചത്. ഓരോ സഭയിലേയും സഭാപിതാക്കന്മാരാണ് അനാഫൊറാകളുടെ രൂപീകരണത്തിൽ സഭാസമൂഹത്തെ സഹായിച്ചത്. പലപ്പോഴും അവരുടെ പേരിലാണ് അനാഫൊറാകൾ അറിയപ്പെടുന്നത്. മൂന്നാം നൂറ്റാണ്ടിലാണ് അദ്ദായി മാറി ശ്ലീഹന്മാരുടെ പേരിലുള്ള നമ്മുടെ അനാഫൊറ രചിക്കപ്പെട്ടതെന്ന് പൊതുവേ കരുതപ്പെടുന്നു. ക്രൈസ്തവ ആരാധനക്രമപാരമ്പര്യത്തിലെ ഏറ്റവും പുരാതന അനാഫൊറകളിൽ ഒന്നാണിതെന്ന കാര്യത്തിൽ സംശയമില്ല. അതുകൊണ്ടു തന്നെ നമ്മുടെ ഈ അനാഫൊറയെക്കുറിച്ച് ധാരാളം പഠനങ്ങൾ നടന്നിട്ടുണ്ട്.

### നാല് പ്രണാമ ജപ വൃത്തങ്ങൾ

നാല് ഗഹന്ത അഥവാ പ്രണാമജപങ്ങളിൽ കേന്ദ്രീകരിച്ച നാല് പ്രണാമ വൃത്തങ്ങൾ

ചേർന്നതാണ് ശ്ലീഹന്മാരുടെ കുർബ്ബാന എന്ന് വിശേഷിപ്പിക്കപ്പെടുന്ന അനാഫൊറ. ആദ്യത്തെ പ്രണാമവൃത്തത്തിലെ ഗ്ഹന്തായും മറ്റു പ്രാർത്ഥനകളും യോഗ്യതയോടെ ദിവ്യരഹസ്യങ്ങൾ പരികർമ്മം ചെയ്യാനുള്ള പ്രാർത്ഥനകളാണ്. രണ്ടും മൂന്നും നാലും പ്രണാമവൃത്തങ്ങൾ യഥാക്രമം, പിതാവായ ദൈവത്തെ മാലാഖമാരോടൊത്ത് സ്തുതിക്കുന്നതും, പുത്രനായ കർത്താവീശോമിശിഹായിലൂടെ ലഭിച്ച രക്ഷണീയകർമ്മത്തിന്റെ അനുസ്മരണവും, പരിശുദ്ധ ആത്മാവിന്റെ ആഗമനത്തിനുവേണ്ടിയും വിശുദ്ധീകരണകർമ്മത്തിനുവേണ്ടിയുമുള്ള പ്രാർത്ഥനയും ഉൾക്കൊള്ളുന്നു എന്നു കാണാം.

### നാല് പ്രാർത്ഥനകൾ

ഓരോ പ്രണാമവൃത്തത്തിലും കാർമ്മികന്റെ രഹസ്യപ്രാർത്ഥന (കൃശാപ്പ) പ്രാർത്ഥനാഭ്യർത്ഥന, പ്രണാമജപം (ഗ്ഹന്ത) സ്തുതിപ്പ് (കാനോന) എന്നീ നാലു ഘടകങ്ങളുണ്ട്. പുരോഹിതൻ തന്റെതന്നെയും ആരാധനാസമൂഹത്തിന്റേയും അയോഗ്യത ഏറ്റു പറഞ്ഞ് ദിവ്യരഹസ്യങ്ങൾ പരികർമ്മം ചെയ്യാനുള്ള യോഗ്യതയ്ക്കായി പ്രാർത്ഥിക്കുന്നതാണ് കൃശാപ്പ. താഴ്ന്ന സമരത്തിൽ പുരോഹിതൻ ചൊല്ലുന്ന പ്രാർത്ഥനയാണിത്.

യോഗ്യമാം വിധം കുർബ്ബാന അർപ്പിക്കുന്നതിനു വേണ്ടി കാർമ്മികൻ ആരാധനാസമൂഹത്തിന്റെ പ്രാർത്ഥനാസഹായം തേടുന്നതാണ് പ്രാർത്ഥനാഭ്യർത്ഥന. സ്തുതിയുടേയും കൃത്യജ്ഞതയുടേയും പ്രാർത്ഥനകൾ ഉൾക്കൊള്ളുന്നതാണ് ഗ്ഹന്താ പ്രാർത്ഥന. പ്രണാമജപവൃത്തത്തിലെ ഏറ്റവും പ്രധാനപ്പെട്ട പ്രാർത്ഥന, ഗ്ഹന്ത എന്നറിയപ്പെടുന്ന പ്രണാമജപമാണ്. കുനിഞ്ഞു നില്ക്കുക എന്നാണ് 'ഗ്ഹന്ത' എന്ന വാക്കിനർത്ഥം. അല്പം കുനിഞ്ഞു നിന്നുകൊണ്ട് കാർമ്മികൻ ചൊല്ലേണ്ട

പ്രാർത്ഥനയായതുകൊണ്ടാണ് ഇതിനെ ഗ്ഹന്ത, പ്രണാമജപം എന്നു വിളിക്കുന്നത്. ഗ്ഹന്തയുടെ സമാപനത്തിൽ സ്വരമുയർത്തി ചൊല്ലുന്ന സ്മൃതിപ്പാട്ടാണ് 'കാനോൻ'.

**കാർമ്മികൻ ശരീരത്തിന്റെ നാവ്**

പ്രധാന കാർമ്മികൻതന്നെയാണ് അനാഫൊറായിലെ പ്രാർത്ഥനകൾ എല്ലാം ചൊല്ലുന്നത്. ശരീരത്തിന്റെ നാവ് എന്നതുപോലെ, കാർമ്മികൻ സഭാശരീരത്തിനുവേണ്ടി പ്രാർത്ഥിക്കുന്നു. എന്നാൽ, വിശ്വാസികളുടെ മുഴുവൻ സംഘാതമായ പ്രാർത്ഥനയായി അതനുഭവപ്പെടണം. കാർമ്മികൻ പ്രാർത്ഥിക്കുമ്പോൾ ഹൃദയംകൊണ്ടു ആ പ്രാർത്ഥന ചൊല്ലുവാൻ സമൂഹവും പരിശ്രമിക്കണം. സമാധാനാശംസയ്ക്കുശേഷം ശുശ്രൂഷി ചൊല്ലുന്ന പ്രാർത്ഥനയിൽ, നിങ്ങൾ ഹൃദയത്തിൽ പ്രാർത്ഥിക്കുവിനെന്ന് സമൂഹത്തെ ഓർമ്മിപ്പിക്കുന്നത് ഈ അർത്ഥത്തിലാണ് മനസ്സിലാക്കേണ്ടത്.

\* \* \*

**General Structure**

Various anaphoras are in use in different liturgical traditions. There are differences in the structure and contents of various anaphoras. Still, there are some common elements like: greeting of peace, the Hosana hymn where the community together with the heavenly group praises God, Institution Narrative, Prayer of Commemoration, Intercessory Prayers and Prayer to the Holy Spirit. There is difference in the order of these prayers according to different liturgies. In the Latin liturgy anaphora is called Eucharistic Prayer.

**One of the earliest Anaphora**

Various liturgies of the Church originated and developed in the important ecclesiastical centres of early church. The early fathers of the church contributed very much in the formation of different anaphoras. Hence, often these anaphoras are named after them. It is commonly agreed by the liturgical experts that the anaphora of the apostles Addai and Mari was formulated in third century. So this an anaphora is considered to be one of the earliest eucharistic prayers of the Church. There has been so many studies and researches about this anaphora.

**Four Gehantha Cycles**

The anaphora part of Qurbana which is also qualified as the Qurbana of the apostles, consists of four Gehantha cycles. The prayers of the first Gahantha cycle are primarily prayers imploring the grace to make the community worthy to celebrate the sacred mysteries. The second prayer cycle is praise of God the Father together with the angels in heaven. The third one is more a commemoration of redemptive works of Christ and the fourth is centred on the prayer of invocation of the Holy Spirit to come and to sanctify the Qurbana and the community.

**Four Prayers**

Each Gehantha cycle consists of four prayers: they are, the silent prayer of the celebrant (Kusappa), prayer request of the celebrant, Gehantha prayer, and prayer of praise called Qanona. In the *Kusappa* prayer the celebrant acknowledges the unworthiness of the celebrant and the community and prays ardently to make them worthy to celebrate the mysteries. This prayer is usually recited by the priest in low voice. In the prayer request the celebrant asks the community to pray for him so that he may celebrate the mysteries in a worthy manner. *Gehantha* prayer is primarily prayer of praise and thanksgiving to God. Gehantha prayer is considered to be the most important one in each cycle of prayers. Gehantha literally means to incline and it denotes that the celebrant while reciting this prayer keeps his head slightly bowed down. The prayer of praise recited in a loud voice at the conclusion of the Gehantha is called *Qanona*.

**Celebrant as the tongue of the body**

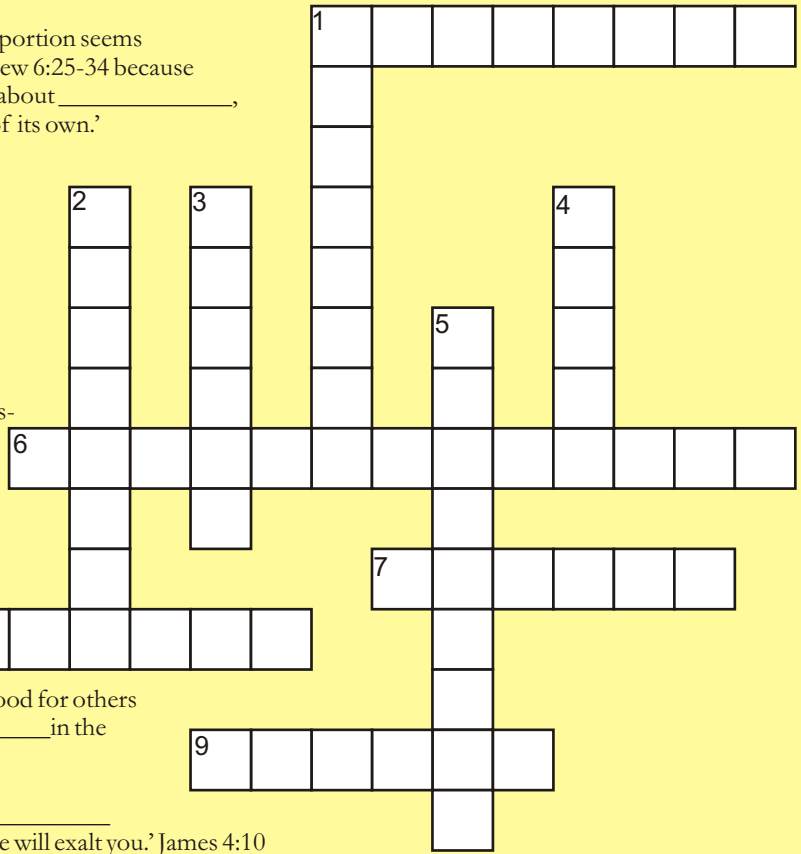
It is the main celebrant who should recite all the prayers of the Anaphora. As the tongue of the body the celebrant prays in the name of the Church, the body of Christ. It should be considered as the prayer of the whole community of believers. As the priest recites the prayers the community should also pray with him in their hearts. That is the reason why after the exchange peace, the deacon reminds the community to 'pray in your hearts'.

# BACK TO SCHOOL - CROSS WORD PUZZLE

Solve the following crossword puzzle with the help of the clues given in each question:

**Across:**

1. When your new syllabus and vast portion seems difficult, refer the gospel of Mathew 6:25-34 because in it Jesus says – ‘So do not worry about \_\_\_\_\_, for tomorrow will bring worries of its own.’
6. When you face failures in your student life, don’t depend on your own \_\_\_\_\_ as per the book of Proverbs 3:5-6.
7. On the very first day of your new academic session, when you leave for school, read the book of Psalms chapter 121 because it says- ‘The Lord is your \_\_\_\_\_; the Lord is your shade at your right hand.’
8. If you have ever felt betrayed or abandoned and alone in school, remember that God is watching over you and the evil that you have suffered can be changed into something good for others as God did in the life of \_\_\_\_\_ in the Old Testament.(Genesis 37)
9. Whenever pride creeps in, ‘\_\_\_\_\_ yourselves before the Lord, and he will exalt you.’ James 4:10



**Down:**

1. When you don’t understand the ways of the Lord and feel confused, read Isaiah 55:8-9 as the Lord says, “For my thoughts are not your \_\_\_\_\_, neither are your ways my ways.”
2. When you are scared about your upcoming exams, read Psalms 23, because in it the psalmist says- “Surely \_\_\_\_\_ and mercy shall follow me all the days of my life.”
3. During recess, share your tiffin like the little boy in the Gospel of John chapter 6 who shared his five \_\_\_\_\_ loaves and two fish and witnessed the miracle Jesus feeding the multitude.
4. When you face temptations during study-time, be like \_\_\_\_\_ who was able to defeat Goliath because he trusted in the God of Israel.(I Samuel 17)
5. When you want to make new friends at school, go through Romans 12: 9-21 and follow the advice to - ‘Live \_\_\_\_\_ with all.’

Send your answers along with your name, catechism section and parish to [lanternkidsroom@gmail.com](mailto:lanternkidsroom@gmail.com) before **20th June, 2016**. Names of the lucky winners will be published in the next issue of the Lantern.

**Winners of St Thomas Churches (April 2016):**

1. Anagha Thomas (Pavan Nagar, Nashik)
2. Benedicta TJ (Vadagaonsheri, Pune)
3. Daryl Davies (Bhandup, Mumbai)
4. Llyod Jose (Bhayander, Thane)
5. Neena Felix (Borivali, Mumbai)
6. Steji Santhosh (Vasai East, Palghar)



വന്ദ്യസഹോദരരേ, പ്രിയ മക്കളേ,

മഹാരാഷ്ട്രയിൽ പ്രത്യേകിച്ച് ലാത്തൂർ, മറാവാരാ പ്രദേശങ്ങളിൽ നേരിട്ടുകൊണ്ടിരിക്കുന്ന കടുത്ത വരൾച്ചയെക്കുറിച്ച് വാർത്താമാധ്യമങ്ങളിൽനിന്ന് നിങ്ങൾ അറിയുന്നുണ്ടല്ലോ. കുടിവെള്ളം ലഭിക്കാതെയും അത് ശേഖരിക്കാനുള്ള ശ്രമങ്ങളിലും കുട്ടികളും മുതിർന്നവരും മരിക്കാനിടയായിട്ടുണ്ട് എന്നത് ദുഃഖകരമായ സത്യമാണ്. വരൾച്ചബാധിത മേഖലയിൽനിന്ന് രണ്ടു ലക്ഷത്തിലധികം ആളുകൾ ഇതിനോടകം മുംബൈയിലും താനെയിലും അയോർത്ഥികളായി എത്തിക്കഴിഞ്ഞു. ഇതിന് അവരെ നിർബന്ധിതരാക്കിയത് രൂക്ഷമായ ജലക്ഷാമം ആണെന്നുള്ളത് നമുക്ക് മറക്കാതിരിക്കാം. കുടിവെള്ളം ലഭിക്കാതെ കഷ്ടപ്പെടുന്ന നമ്മുടെ സഹോദരങ്ങളുടെ വേദനയിൽ പങ്കുചേർന്ന്, ഏലിയാ പ്രവാചകന്റെ വിശ്വാസതീക്ഷണതയോടെ ധാരാളം മഴയ്ക്കായും, നല്ല കാലാവസ്ഥയ്ക്കായും നമുക്ക് തീക്ഷ്ണതയോടെ പ്രാർത്ഥിക്കാം. (1 രാജാ 18:41-45) കുടിവെള്ളം ലഭിക്കാതെയായപ്പോൾ ദാഹജലത്തിനായി ജനം ദൈവത്തോട് വിളിച്ചുപേക്ഷിക്കുന്നതായി യൂദിത്തിന്റെ പുസ്തകത്തിൽ നമ്മൾ വായിക്കുന്നു. (യൂദി. 7:19 29).

ജീവൻ ഭൂമിയിൽ നിലനിർത്തുന്നതിന് ദൈവം നമുക്ക് ദാനമായി തന്നതാണ് ജലം. സിന്ധുനദീതടസംസ്കാരം അടക്കം എല്ലാ സംസ്കാരങ്ങളും ജന്മമെടുത്തത് ജലത്തോട് ബന്ധപ്പെട്ടാണ്, അല്ലെങ്കിൽ നദീതടങ്ങളിലാണ്. ബൈബിളിൽ 722 പ്രാവശ്യം ജലത്തെക്കുറിച്ച് പരാമർശിക്കുന്നു. ഇതിനേക്കാൾ കൂടുതൽ പ്രാവശ്യം പരാമർശിക്കുന്ന വാക്കുകൾ ദൈവം, ഈശോ, സ്വർഗ്ഗം, സ്നേഹം എന്നിവ മാത്രമാണ്. ജലം പരി. ആത്മാവിന്റെ പ്രതീകമായും ബൈബിളിൽ കാണുന്നു. മാമ്മോദീസ ജലത്തിലൂടെയാണ് നാം വിശുദ്ധീകരിക്കപ്പെടുന്നത്. അതുകൊണ്ട് നമ്മുടെ ആത്മീയജീവിതത്തിലും ജലത്തിന് പ്രത്യേകമായ സ്ഥാനമുണ്ട്.

മൂക്കാൽ ഭാഗവും വെള്ളത്താൽ ചുറ്റപ്പെട്ട ഭൂമിയിൽ 97% ഉപ്പുവെള്ളമാണ് എന്നതാണല്ലോ യാഥാർത്ഥ്യം. ശേഷിക്കുന്ന 3% ജലം മാത്രമേ ശുദ്ധജലമുള്ളൂ. അതായത് ഈ 3% ശുദ്ധജലം മാത്രമേ ലോകത്തിലെ മുഴുവൻ ജീവജാലങ്ങൾക്കും ജീവൻ നിലനിർത്താനായുള്ളൂ. അതുകൊണ്ട് ജലമെന്ന ദാനത്തിന്റെ അമൂല്യതയെക്കുറിച്ചും അത് സംരക്ഷിക്കേണ്ടതിന്റെ ആവശ്യകതയെക്കുറിച്ചും നമുക്ക് ബോധ്യമുള്ളവരാകാം.

നമ്മുടെ മഹാരാഷ്ട്രയിൽ പലഭാഗങ്ങളിലും ജലക്ഷാമം രൂക്ഷമായികൊണ്ടിരിക്കുകയാണ്. ഈ യാഥാർത്ഥ്യം കണക്കിലെടുത്ത് നമ്മുടെ ജലത്തിന്റെ ഉപയോഗത്തെ നാം നിയന്ത്രിക്കണം, ജലം ഒട്ടും പാഴാക്കരുത്. അമിതമായും അനാവശ്യമായും ജലം ഉപയോഗിക്കാതെ കരുതലോടെ മിതമായി ജലം ഉപയോഗിക്കാൻ പരിശ്രമിക്കാം. അമൂല്യമായ ജലം വരും തലമുറയ്ക്കു വേണ്ടിയും കരുതിവയ്ക്കാൻ നമുക്ക് പരിശ്രമിക്കാം.

'Laudato Si' എന്ന ചാക്രിക ലേഖനത്തിൽ പ. ഫ്രാൻസിസ് പിതാവു നമ്മെ അനുസ്മരിപ്പിക്കുന്നു: Access to safe drinkable water is a basic and universal human right (LS 30). കരുണയുടെ ഈ വർഷം നമ്മുടെ എല്ലാവരുടെയും വാസസ്ഥലമായ ഈ ഭൂമിയോട് കരുണ കാണിക്കാം, മറ്റുള്ളവരോട് കരുതലുള്ളവരായിരിക്കാം. 'അനുകൂലമായ കാലാവസ്ഥയ്ക്കും, സമൃദ്ധമായ വിളവുകൾക്കും, സുഭിക്ഷമായ വത്സരത്തിനും, ലോകം മുഴുവന്റെയും ഐശ്വര്യത്തിനും വേണ്ടി അങ്ങയോടു ഞങ്ങൾ പ്രാർത്ഥിക്കുന്നുവെന്ന നമ്മുടെ പ്രാർത്ഥനയ്ക്ക് ഉത്തരമരുളി ദൈവം നമ്മെ അനുഗ്രഹിക്കട്ടെയെന്ന് ആശംസിക്കുന്നു.

05/05/2016 പവായ്

**മാർ തോമസ് ഇലവനാൽ**

..... കല്യാൺ രൂപതയുടെ മെത്രാൻ  
NB: (ഈ വിജ്ഞാപനം മെയ് 8-ാം തീയതി, ഞായറാഴ്ച വി. കുർബ്ബാനമദ്ധ്യേ വായിക്കേണ്ടതാണ്)

**APPOINTMENTS OF THE PRIESTS**

Given on 10 May 2016 w.e.f. 2 June 2016

Rev. Fr. Antony KarikilamattathiVC	Relieved from the Eparchy	Rev. Fr. Linto Vellani CMI	Pro-Vicar: Amboli & Villeparle, APP, Andheri West (Res. Amboli)
Rev. Fr. Prince Puthenchira MCBS	Relieved from the Eparchy	Rev. Fr. Binu Painumkal	PP: Jerimeri + Kurla
Rev. Fr. Aneesh Makkiyil MCBS	Relieved from the Eparchy	Rev. Fr. Thomas Thoyalil VC	PP: Chembur + Shell Colony + New Kurla (from May 19)
Rev. Fr. Jerry Onampally	Relieved from the Eparchy	Rev. Fr. Thomas Kunnathettu	PP: MC Road
Rev. Fr. George Kalarimuriyil	Relieved from the Eparchy	Rev. Fr. Aneesh Thadathil	PP: Marouli + Sewri (from May 18)
Msgr. Emmanuel Kadankavil	Relieved: Director, Social Communication	Rev. Fr. Franklin Pottanackal	Director: Eparchial Media Cell
Rev. Fr. George Vattamattam	Relieved: PRO	Rev. Fr. Jomet Vazhayil	Associate Editor, Kalyan Lantern, Relieved: In-charge, Parish Property and Trusts
Rev. Fr. Sheen Chittattukara	Relieved: Director, Eparchial Website	Rev. Fr. Jitto Thengumpally	Co-in-Charge, Eparchial Properties and Trusts
Rev. Fr. Sinto Chalissery	Relieved: Associate Editor, Kalyan Lantern	Rev. Fr. Sinto Pulikkottill	Asst. Director: Charismatic Movement
Rev. Fr. Bipin Chovattukunnel	Relieved: Asst. Director, Charismatic Movement		
Rev. Fr. Francis Komban	Leave granted for Prayer and Spiritual Renewal		
Rev. Fr. Jenson Poruthur	PP: Mahatma Nagar + Pavan Nagar + Satpur		

## Kalyan Eparchy Youth

### AFFIRMING OUR CARE FOR MARATHWADA!

“For I will pour out water on the thirsty land and streams on the dry ground.” — Isaiah 44:3

In India the State of Maharashtra, especially the regions of Marathwada and Vidharba, is reeling under one of the worst drought situations. The Government of Maharashtra has declared drought in over 29,000 villages of Maharashtra, with a large majority falling in the Marathwada and Vidharba regions. With farmer suicide rates at 3,228 in 2015 and 339 in the first four months of 2016, these regions are infamously known as the ‘Suicide Capital of India’. The common people across the rural communities are facing multiple challenges when it comes to availability of water for activities of daily living. But that is not where their trials end. The impact of the grim water situation extends to crop yield and food security; employment, livelihood and resultant migration; maintenance of livestock etc. Cries of despair and waves of hopelessness have taken over the lives of these simple farmers and farm labourers – the very people who toil day and night to ensure that every person is nourished with food on their plate.

Diocese of Kalyan has taken a step to affirm its care and support for our brothers and sisters in Marathwada. A ‘Water Collection Drive’ was initiated throughout the Diocese on Sunday, 15th of May 2016 in collaboration with the Kalyan Eparchy Youth (KEY) with the support of Western Region Social Service Forum (WRSSF). It was inaugurated by Bishop Mar Thomas Elavanal. 25,000 litres of water was collected through parishioners which is being sent as immediate relief to our needy brethren in different districts of Marathwada. Bedharwadi village, Lohegaon village, Jainpur village, Shirasgaon village and Nadhi-Hattarga village have already been reached out to with the relief water. Villages in the districts of Parbhani, Osmanabad and other villages in Latur and Beed will also be reached out to very shortly.

The Kalyan Eparchy Youth (KEY) would like to thank all of you for your unrelenting support and contribution towards this cause. We are counting on your continuing help to stand with the people of Marathwada in their time of distress.





**Heart Wine**

EPARCHY OF KALYAN PRESENTS  
**NEWLY-WEDS' DAY WITH BISHOP**  
 MAR T. THOMAS FI AVANAI

AT  
**ST. THOMAS CATHEDRAL, KALYAN WEST**  
 ON JUNE 19, SUNDAY 3.30 PM.

ELIGIBLE: THOSE MARRIED BETWEEN JAN 2015 TO JUNE 2015.

-   
 COFFEE  
 QUILRANA
-   
 PHOTO  
 WITH BISHOP
-   
 RECEPTION  
 AND PARTY
-   
 SESSION ON  
 RECONCILIATION  
 & CONFIRMATION
-   
 WEDDING  
 LUNCHEON



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 Making sign of cross with Holy Water purifies and protects the family from all evils.
- 

**FAMILY TIME CLOCK**  
 Helps to fix a family time for prayer and togetherness and reminds to keep the family time.
- 

**PRAYER ON THE DOOR POST**  
 Reminder to pray before starting from home.
- 

**CUTLERY AND TISSUE HOLDER**  
 A utility and reminder to pray together before food.
- 

**GOD'S EYES**  
 Reminder of how alive and watching is our loving God.

AN INITIATIVE OF EPARCHY OF KALYAN IN THE LIBERATION OF MARRIAGE

LET US MAKE HOME OF GOD

**JNF  
NURSES'  
DAY  
CELEBRATIONS**



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S I N C E 1 9 9 5

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# KALYAN MATHRUSANGAM

KMS is grateful to the office bearers and committee members for their selfless services and leadership. We also congratulate the newly elected committees of each Unit and Forane. Kindly submit the Election Report Form to the central office and also ensure that the new committees take over their new responsibilities during this month, according to the instructions of the respective directors.

AGBM & Patrons day celebration will be held on 3rd July, 2016 at ARC Panvel from 9.00 a.m. to 5.00 p.m. All the newly elected executives of all Units/Forane should attend this meeting as the Diocese Election will be held on the same day.

**Fr. Biju Kollamkunnel**  
Director

## പിതൃവേദി

### ബാഡ്മിന്റൺ മത്സരം നടത്തി

മുംബൈ: കല്യാൺ രൂപത പിതൃവേദിയുടെ ആഭിമുഖ്യത്തിൽ ബാഡ്മിന്റൺ മത്സരം രാമ്സെൽതാകൂർ ഇന്റർ നാഷണൽ സ്പോർട്സ് കോംപ്ലെക്സ് , ഉൽവെ, നവീമുംബൈയിൽ മെയ് 1ന് നടത്തി.

യഥാക്രമം ഒന്നും രണ്ടും, മൂന്നും സ്ഥാനങ്ങൾ 40 വയസ്സിൽ താഴെയുള്ള വിഭാഗത്തിൽ കല്യാൺ (വെസ്റ്റ്), ദാപോടി, നാസിക പള്ളികളും, 40 മുതൽ 55 വയസ്സ് വരെയുള്ള വിഭാഗത്തിൽ കലംബോലി, ദാപോടി, വാശി പള്ളികളും, 55 വയസ്സിനു മുകളിലുള്ള വിഭാഗത്തിൽ കല്യാൺ (വെസ്റ്റ്), ദാപോടി, പനവേൽ പള്ളികളും സമ്മാനാർഹരായി. പിതൃവേദി ഡയറക്ടർ ഫാ. ഷിബു പുളിക്കൻ ഉദ്ഘാടനവും, മാതൃസംഘം ഡയറക്ടർ ഫാ. ബിജു

കൊല്ലംകുന്നേൽ സമ്മാനദാനവും നിർവ്വഹിച്ചു. വാർഷിക പൊതുയോഗം

കല്യാൺ രൂപത പിതൃവേദിയുടെ വാർഷികപൊതുയോഗം ജൂൺ 19ന് ഞായറാഴ്ച സെന്റ് ജോസഫ് ഫൊറോന ചർച്ച് പവായിൽ വെച്ച് നടത്തുന്നതാണ്. പുതുതായി യൂണിറ്റുകളിൽ നിന്ന് തിരഞ്ഞെടുക്കപ്പെട്ട പ്രസിഡണ്ട്, സെക്രട്ടറി, ട്രഷറർ രണ്ട് സെൻട്രൽ കമ്മറ്റി അംഗങ്ങൾ എന്നിവർ യോഗത്തിൽ പങ്കെടുക്കേണ്ടതാണ്. 2016 - 2018 വർഷത്തേക്കുള്ള ഭാരവാഹികളുടെ തിരഞ്ഞെടുപ്പും നടക്കുന്നതാണ്. 2 മണിക്ക് പ്രസംഗമത്സരവും 4 മണിക്ക് വാർഷിക പൊതുയോഗവും നടക്കും.

ഫാ. ഷിബു പുളിക്കൻ      ഫാ. ജോമറ്റ് വാഴയിൽ  
ഡയറക്ടർ      അസി. ഡയറക്ടർ



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# സ്മരണ സ്മരണയ്ക്ക്

3-ാം ചരമ വാർഷികം  
14.06.2013



ആദ്യമായി തോറ്റതു  
മരണത്തിനു മുമ്പിൽ,  
പക്ഷേ മരണത്തെ  
മന്ദസ്ഥിതത്തോടെ  
സ്വീകരിച്ചു ...

**Jacob Mandy**

*സന്തപ്ത കുടുംബാംഗങ്ങൾ*

# 1<sup>st</sup> Death Anniversary



*Everyday in some small way  
Memories of you come our way.  
Though absent, you are always near  
Still missed, loved and always dear.*

*Dearly missed and forever  
cherished by his beloved*

**Dommarambil Thomas Devasia**

Wife: **Mary Thomas** Daughter: **Malu Thomas**

Born: 19th August 1954

Died: 30th May 2015

Relatives and Friends

**Pope Francis leads Corpus Christi celebration** (Vatican Radio)



In his homily for the feast of Corpus Christi, which was celebrated in Rome on May 26, Pope Francis concentrated on the words of Jesus at the Last Supper: "Do this in remembrance of me." The Pope remarked that "it is the 'doing' of the Eucharist that always has Jesus as its subject, but which is made real through our poor hands anointed by the Holy Spirit." The Eucharist, he said, is the means by which Jesus is present to the Church today. The Pope also reminded the faithful that Jesus broke the bread before offering it to his disciples, and again at Emmaus He was recognized in the breaking of the bread. This "breaking" is a crucial aspect of the Eucharist, he said. "Jesus was broken; He is broken for us."

**Papal condolences following Indian temple deaths** (Holy See Press Office)

Cardinal Pietro Parolin, the Vatican's Secretary of State, has sent a telegram of condolence in Pope Francis's name following a fireworks explosion at an Indian Hindu temple that left over 100 dead. "His Holiness Pope Francis was saddened to learn of the tragic fire at the Puttingal temple complex in Paravur, and he sends condolences to the relatives of the deceased and injured," wrote Cardinal Parolin. "Praying for all affected by this tragedy, and for the relief efforts underway, Pope Francis invokes upon the nation the divine blessings of strength and peace."



**Dalit Christians honoured with awards, promises** (ucanindia)

Policies will be put in place to help eradicate discriminatory practices against Dalits in the Indian church, said the President of the Indian Catholic Bishops' conference during a ceremony that honoured community work done by members of this marginalized group. "Not enough has been done by the church for the dalits in the economic, social and religious spheres. We have a long way to go," said Cardinal Baselios Cleemis of Trivandrum, who presented awards to 72 dalit Christians in New Delhi. The awardees at the event were given a memento and a certificate recognizing their work aimed at empowering Dalit Christians. Dalits and tribal people make up 70 percent of India's 27 million Christians.

**Polish bishop confirms Eucharistic miracle** (CWN)

A Polish bishop has approved veneration of a consecrated Host that exudes human blood, saying that the phenomenon "has the hallmarks of a Eucharistic miracle." Bishop Zbigniew Kiernikowski of Legnica made his announcement after a thorough investigation of an incident in which a consecrated Host was dropped, then picked up and placed in water, and developed red stains. After that accident – which occurred on Christmas Day, 2013; Bishop Stefan Cichy (who is now retired) authorized medical tests on fragments of the Host. Bishop Kiernikowski announced the tests detected muscle fibers: It is most similar to heart muscle. Tests also determined the tissue to be of human origin, and found that it bore signs of distress. The bishop has instructed the parish priest to "prepare a suitable place" where the consecrated Host can be exposed for veneration.



**1000 young Indians at WYD in Krakow** (Agenzia Fides)

There will be over a thousand young Indians who will attend World Youth Day (WYD) in Krakow, Poland. The Indian Bishops' Conference reported that the Polish Government has decided to issue a free visa for Indian participants. Participants from 175 countries will stand by Pope Francis from July 26 to 31. The chosen theme is "Blessed are the merciful, for they will receive mercy", in harmony with the Year of Mercy celebrated throughout the Church.

# 1<sup>st</sup> Death Anniversary

Not dead to us who love you,  
Not lost but gone before,  
You live with us in memory,  
And will forever more.

A tribute of love from  
Family, Relatives and Friends.

**MUTTICHUKARAN DEVASSY RAPPAI**

**Born:** 16th March, 1952

**Died:** 3rd May 2015

# 1<sup>st</sup> Death Anniversary

*People walk away from our lives,  
but they leave their memories with us forever.  
They leave a void in our lives but are always with us.  
They teach us to be strong and keep our hopes alive;  
They teach us to face hardships with a smile.*

*Fondly remembered by,*  
**P.V. Joseph, Varghese Joseph,  
Jisha Alwin, Alwin Joseph,  
Jeffrin & Agnes**

**Mrs. USHA JOSEPH PADAMATTUMEL**

**Born:** 08-09-1958

**Died:** 30-06-2015



# BISHOP'S DIARY

JUNE - 2016

<b>5th</b>	Pastoral Visit - Khargar	<b>18th</b>	CHAW Meeting
<b>7th</b>	Priests recollection & presbyterium Bishop's House	<b>19th</b>	New Couples Meet - Kalyan (W) Pithruvedi Meeting - Bishop's House
<b>8th</b>	Meeting - Bishop's House	<b>20th</b>	MS Class - Panvel
<b>9th</b>	Jubilee Conclusion - Bosari	<b>20th-22nd</b>	Junior Priest Meeting
<b>10th</b>	MPC - ARC	<b>25th</b>	Qurbana - Jesus Youth
<b>11th</b>	Qurbana - Jesus Youth, Tabore	<b>26th</b>	Trustees Meet - ARC
<b>12th</b>	Pastoral Visit - Bhayandar	<b>27th</b>	MS Class - Panvel
<b>13th</b>	MS Class - Panvel	<b>29th</b>	Curia Meeting
<b>16th-17th</b>	Meeting - Kakkanad	<b>30th</b>	Blessing of Social Work Office

# EPARCHIAL ASSEMBLY

## Statements continued ...

121. Choir is to facilitate better participation of the community in the Qurbana. Instruction from the concerned authority shall be strictly follow to make the choir more divine.
122. It is recommended to practice community singing (only with music instrument) once a month.
123. The ministry of Choir in the Divine Liturgy can be made more effective and pleasant by constant spiritual formation and healthy interaction with the parish priest. Choirs are to abide by the regulations and directives given to them by the eparchial offices.
124. The rich experience and expertise of senior parishioners are important for the betterment of the parish. Parish Council in the direction of the parish priests are seek ways and means to incorporate and take into confidence the senior and experienced members of the parish.
125. It is recommended to create occasions to honour the pioneer and founding parishioners in the parishes.
126. Parish priest may resort help from other parishioners to resolve conflicts among parishioners.
127. Lay leaders should bring any conflicting situations to the notice of the parish priest and help him to reach at amicable solutions and required reconciliation. It is highly recommended that the priests are trained in conflict management professionally.
128. Parish priest shall ensure equal attention for all ADAMs. He shall motivate them by his personal presence in their meetings whenever possible.
129. Parish priest shall inspire each and every parishioner to be part of one of the ADAMs. It is highly recommended that each parishioner is a member of one of the ADAMs.
130. Parish priest shall appoint able Animators according to the by-laws of ADAMs so that ADAMs can perform even in his inevitable absence.
131. The directors, the Parish priests and the executive bodies shall make sure that the activities of ADAMs are Christ-centred.
132. Exemplary life of parish priest and religious would always attract vocations to the consecrated life.
133. Teachers and parents should encourage children to join priestly and religious vocation through their personal interactions with them. Parents shall not discourage their children from taking up vocation vocations to the consecrated life assuming they would be left unattended in their old age.
134. Our parishioners shall not indulge in speaking ill of priest and religious especially in front of children as this will negatively influence candidates aspiring for consecrated life.
135. The Eparchy of Kalyan instituted for the Syro Malabar faithful migrants has its second and third generation faithful. The presence of the natives in the community makes it all the more important for the eparchy to see how the present generation can be well integrated into different associations so as to ensure continuity between second and third generation. There shall be deliberate attempts to respond to the migrants characteristics of the eparchy.
136. The youth of the parish are part of the community, therefore it is important to delegate responsibilities like being a trustee, animator, to them at a young age.
137. The youth to be assigned responsibilities in all associations as integral members in the parish. This will enable them to work with senior members who are well versed and learn from their experiences.
138. The Eparchial Associations need to organize seminars & symposiums that will grow positive thinking about themselves and the society, so that the children in standard VIII onwards begin to dream big and choose

- their career according to their aptitude.
139. Eparchial Associations need to identify relevant social issues such as “organ donation project” which was taken up by the Kalyan Mathrusangam so that the youth are given a good decision making platform and they come up with relevant solutions according to the need identified and they execute them in a time frame manner. This will get them involved in the activities of the Eparchy, they are made to feel wanted and their voices heard.
  140. Since many of the faithful are comfortable with counselling with the priests, many priests are to be given opportunity to learn counselling academically and become professionals in counselling.
  141. To attract the newly married into Spouses for Christ movement and keep them close to the Church, an annual day of celebration of the newly married couples with bishop shall be organized with the cooperation of any of the associations.
  142. Father of the family should be friendly at the same time giving timely correction to the children. They should fulfil their spiritual, educational, economic, moral and social responsibilities toward their children. They must spend quality time with them. They should not feel and act inferior in front of their children. Mothers must avoid criticizing or insulting the father in front of the

- children. Fathers must involve children in decision making and allow them to gradually take up the responsibilities of the family affairs. Empowering of the men has to be stressed
143. A head of the family as a servant leader must have an attitude of appreciation sharing of responsibilities, spending quality time and “Kenosis” (giving in attitude when other family members are right). The head must be confident and wise in saying “no” when necessary and then uphold the values. The head must have value based convictions. Responsible head finds time to have family prayer and dinner together. Head must avoid scandalous behaviour in front of the children. The post marriage courses and counselling can promote spouses’ complementarity.
144. Newly wedded couple must be given their privacy and promote personal intimacy. Help them to develop a healthy and respectful relation with other family members. Involve them in the decision making of the family. In laws must avoid unnecessary interference in their personal life. The couple shall engage in family prayer and personal mutual sharing before going to bed.

(To be continued)

Participants of the Kalyan Eparchial Assembly II  
24 October 2015

*10th Death Anniversary*

ഈ നന്നായി പൊരുതി, എന്റെ ഓട്ടം പൂർത്തിയാക്കി, വിശ്വാസം കാത്തു, എനിക്കായ് നീതിയുടെ കിരീടം ഒരിക്കലിരിക്കുന്നു

**2 Timothy 4:7**

We thought of you with love today but that is noting new, we thought about you yesterday and days before that too.  
We think of you in silence we often speak your name.  
All we have are memories and your picture in a frame, your memory is our keepsake with which we'll never part  
God has you in his keeping we have you in our heart.

**C.L. Richard**  
Born: 3rd April, 1961  
Died: 2nd May, 2006

*Fondly remembered by*  
Family, Relatives & Friends

# In Loving Memory of

5th Death Anniversary

1st Death Anniversary



**Mrs. Annamma Iyappan**



**Mrs. Rosy Lonnappan**

Memories are like leaves of Gold.  
They never tarnish or grow old.  
You will always be loved and remembered for all eternity.

**Attribute of love and remembrance from**

**K. I. Jos - Mary Jos - Jasmine Jos - Family & Friends**

**St. Sebastian Unit - St. Thomas Church - Borivali**

## Tenth Birthday in Heaven of our Beloved

Your life was a blessing,  
Your memory a treasure,  
You are loved beyond words  
And  
Missed beyond measure.

"We Miss You Dear"

**Fondly Remembered by**  
Mom, Dad, Jola, Manoj, Emmanuel

**Jotish George**

Blossomed: 28.06.1983

Withered: 25.06.2006

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**9167263158, 9892664856**

R.C.C. Consultant

**K. B. Consultants**

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Architect

**Raj Associates**

Badlapur (W)

Legal Advisor

**Mrs. Jhansi Chandwani**

Kalyan (W)

Note: The developers reserve their right to make & alteration to any plan, drawings, amenities or facilities as may be necessary for time to time

# Hearty Congratulations

## On your 50th Wedding Anniversary

6th June, 2016



May God bless them with good health, peace and happiness

With lots of love from  
**Sons :**

Binny, Francis & Jose

**Daughters in-laws :**

Tressa, Priyanka & Sandhya

**Grand Children:**

Nitya, Riya & Allen

**St. Thomas Catholic Church,  
Dapodi, Pune**

**T.V. Paul & Sisily Paul**  
(Ayanthole, Thrissur)

# Hearty Congratulations on your 40th Wedding Anniversary

May God bless them with good health, peace, happiness with togetherness for a long life. Marriage has fixed in heaven by HIM and Peter has implemented on earth from **27th June, 1976**

This is the day that word had made.  
Let us rejoice and be glad in it  
(Psalm 116:24)



With lots of love from

**Daughters** : Jolley Biju,  
Betsy Ouseph

**Son-in-laws** : Biju Jose,  
Ouseph Antony

**Grand Children** : Jobin Biju,  
Jannet Biju,  
Justin Ouseph

**Rappai K.D. & Stella Rappai**  
Black Belt LL.B. (Gen.), B.A. (Eng.), GCCEs, DCO.  
Kodannur, Trichur

**St. Bartholomew Church, Kalyan (E)**



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